

LETTING GO

- ♥ To let go doesn't mean to stop caring, it means I can't do it for someone else.
- ♥ To let go is not to cut myself off, it's the realization that I can't control another.
- ♥ To let go is not to enable, but to allow learning from natural consequences.
- ♥ To let go is to admit powerlessness, which means the outcome is not in my hands.
- ♥ To let go is not to try to change or blame another, I can only change myself.
- ♥ To let go is not to care for, but to care about.
- ♥ To let go is not to fix, but to be supportive.
- ♥ To let go is not to judge, but to allow another to be human.
- ♥ To let go is not to be in the middle arranging all the outcomes, but to allow others to effect their own outcomes.
- ♥ To let go is not to be protective, it is to permit another to face reality.
- ♥ To let go is not to deny, but to accept.
- ♥ To let go is not to nag, scold or argue, but to search out my own shortcomings and to correct them.
- ♥ To let go is not to adjust everything to my desires, but to take each day as it comes and to cherish the moment.
- ♥ To let go is not to criticize and regulate anyone but to try to become what I dream I can be.
- ♥ To let go is not to regret the past, but to grow and live for the future.
- ♥ To let go is to fear less and love more.